



STEP THERAPY

Get the Right Medicine at the Right Cost!

Northrop Grumman and Express Scripts — the company chosen to manage your prescription-drug plan — are working to make prescription drugs more affordable. On July 1 your prescription-drug plan will begin using a program that encourages the use of generic drugs. Why? It's simple: **Using generics helps you and your company get your prescription drugs at the lowest possible cost.**

How Does Step Therapy Work?

We group medications into two categories:

- **Front-Line Medications** — These are the drugs recommended for you to take first — usually generic medications, which have been proven safe and effective. You pay the lowest copayment for these drugs.
- **Back-Up Medications** — These are brand-name medications, like those you see advertised on TV. They're recommended for you to take only if a front-line medication doesn't work for you. You almost always pay more for brand-name medications.

Condition	Brand-Name and Generic Drugs*
ADHD	Strattera®
Allergies	Accolate®, Singulair®, Zyrflo®
Arthritis/Pain and Inflammation	Arthrotec®, Celebrex®, Ponstel®
Asthma	Xopenex® Inhalation Solution
Bipolar Depression	Symbyax®
Chronic Skin Conditions	Elidel®, Protopic®
Diuretic	Inspira®
Depression	Lexapro®, Luvox®, Paxil® CR, Pexeva®, Prozac® Weekly, Sarafem®
Diabetes	Glucophage® XR, Glucophage®, Fortamet®, Riomet®, Glumetza®
Heartburn/Stomach Ulcers	Aciphex®, Nexium®, Prevacid®, Prevacid® SoluTab, Prevacid® Suspension, Zegerid®
Heart and Hypertension	Aceon®, Atacand® HCT, Atacand®, Avalide®, Avapro®, Azor®, Benicar®, Benicar® HCT, Cozaar®, Diovan® HCT, Diovan®, Exforge®, Hyzaar®, Lexxel®, Micardis®, Micardis® HCT, Tarka®, Teveten®, Teveten® HCT

*Additional prescription drugs may be included in this program



What Should I Do Now?

The next time your doctor writes you a prescription, ask if a generic drug is right for you. It makes good sense to ask for these drugs first because, for most everyone, they work as well as brand-name drugs — and they almost always cost less.

If you've already tried a front-line drug, or your doctor decides one of these drugs isn't appropriate for you, then your doctor can prescribe a back-up drug, but at a higher cost.

Questions?

For more information on how the program works and how it benefits you, watch this short video available at www.steptherapyfacts.com.